



## 4-H UPDATES



Official Newsletter of Meadowlark Extension District 4-H

### Premium Sale Requirements

Any 4-H member wishing to participate in premium auctions at county fair, need to annually complete the premium sale requirement form. This form was reviewed last year to put emphasis on virtual opportunities, serving as satisfactory replacement for in-person activities where applicable. The process encourages year-round 4-H engagement and involvement. FFA member (in counties where eligible for fairs) have a corresponding set of requirements. To review the form please visit: <https://www.meadowlark.k-state.edu/4-h/forms.html>

### Flint Hills Farm to Fashion Camp

The Farm to Fashion Camp exposes middle and high school students to the sheep and wool industries through a highly hands-on and interactive camp experience.

This four-day camp introduces students to fiber arts and fashion design. The camp includes hands-on experiences with activities such as spinning, dyeing, weaving, and fashion design.

It is on **June 17-20** at the K-State Campus. Middle and high school students going into 7<sup>th</sup> grade and above are eligible for camp. The camp is \$100, but this does not include lodging.

For more information and to register: <https://www.hhs.k-state.edu/idfs/about/events/farmtofashioncamp/>

### Veterinary Medicine ROCKS Camp

K-State's College of Veterinary Medicine is giving elementary, middle school, high school, and college aged students an opportunity to experience daylong activities at the School of Veterinary Medicine! Sunday, July 28 will be a virtual day of presentations and at-home activities for high school and college students. These campers will then attend in person on Monday, July 29 for hands-on labs with faculty and vet med student camp counselors throughout the day. Tuesday, July 30th will be an in-person camp for middle school students entering sixth through eighth grades, and Wednesday, **July 31** is an in-person camp for grade school students entering third through fifth grades.

Registration is now open, and scholarships are available for each camp session. Visit this site for registration and more information: <https://www.vet.k-state.edu/admissions/rocks/>.

# May 2024

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## Jams and Jellies Workshop

KSRE is hosting a Jams and Jellies workshop! Participants will be instructed on current food preservation methods. It will be a hands-on workshop. Both youth and adults are eligible to participate. If a youth is doing this, they will need to have an adult with them. Participants will have the opportunity to take home the products that they make.

The workshop is at the Woolsoncroft Events Center at 1615 Branch St. in Seneca on **June 20** from 1:00 PM to approximately 4:00 PM.

There is limited space, so please RSVP to Cindy Williams by calling 785-336-2184 or emailing her at [csw@ksu.edu](mailto:csw@ksu.edu). There is a \$10 registration fee. (The adult helping the youth won't have to pay the fee.) Please pay the fee by **June 13**.

## Geology State Field Trip

The Geology State Field Trip is going to be **June 14-16**. Headquarters will be located at Trego Community High School in WaKeeney, KS.

There will be a variety of workshops and activities planned for Friday and Saturday evenings. There will be numerous stops on the field trip on both Saturday and Sunday. Project members are encouraged to participate in judging and quiz bowl.

The registration deadline is **May 24**. Any person who plans to attend, including any siblings and parents/guardians must register. No late registrations will be accepted.

For any additional information, please visit: <https://www.kansas4-h.org/events-activities/conferences-events/geology-field-trip/index.html>

## Insect Spectacular

The Kansas 4-H Insect Spectacular is a two day state-wide entomology workshop. It is designed to be valuable for all levels of experience while still being fun and hands-on! It will be held **June 21-22** in Hays. The event is open to all youth and adult volunteers interested in 4-H entomology! Classes will include basic pinning, basic and advanced identification, insect photography, and much more.

A parent or legal guardian must register and attend with their 4-H'er. For more information, please visit: <https://www.kansas4-h.org/events-activities/conferences-events/insect-spectacular/index.html>. (Website will be updated in upcoming days.)

## Washburn STEM Camp

The 2024 Washburn University STEM camp will be taking place again this year! Rising 7<sup>th</sup> and 8<sup>th</sup> grade students that are interested in science, technology, engineering, and math are eligible to attend. This year, they will be learning more about the practical application of science in transportation.

At camp, youth will learn to work as a team with other campers to create, invent, and problem solve. They will also have the opportunity to work with robotics, as well as make 3D designs in CAD.

Camp is FREE, including meals and housing in Washburn's residence hall. It will be hosted either **July 15-19** OR **July 22-26**. For more information visit: <https://www.washburn.edu/academics/college-schools/applied-studies/departments/education/files/STEM-camp-application.pdf>

## Champions Livestock Judging Camp

This is a three-day, intense judging camp designed for 4-H and FFA members (ages 14-18) who are seriously interested in enhancing their livestock judging and oral communication skills. Prior livestock judging experience is necessary for this camp. Workouts will be conducted similar to those at a collegiate level.

Payton Dahmer, KSU livestock judging team coach, will conduct the training for each camp. The camp will focus primarily on the proper format, terminology, and presentation of oral reasons. Camp participants will also be exposed to livestock evaluation skills and incorporating performance records in the decision-making process.

- Camp 1 - **June 3-5** (Monday-Wednesday)
- Camp 2 - **June 10-12** (Monday-Wednesday)

Youth Registration Fee: \$350 | Chaperone Registration Fee: \$100 – Registration closes **May 24**.

Registration form can be found at: <https://www.asi.k-state.edu/extension/youth-programs/events/judging-camps.html>.

## Celebrating Volunteers

National Volunteer Week was **April 21-27**. All three of our offices celebrated their volunteers at each of their 4-H Council meetings. They showed a token of appreciation by offering the volunteers a Meadowlark District 4-H mug filled with goodies.

The 4-H organization cannot have the impact and outreach without our dedicated volunteers. In the State of Kansas there are 3,052 registered volunteers enrolled in the 4HOnline system. Extension professionals across the state reported a total of 309,346 volunteer hours dedicated to all Extension programming efforts.

According to <https://independentsector.org/>, the 2022 hourly value of a volunteer in Kansas was \$28.50. When you figure the number of hours reported times this figure, volunteers invested a minimum of \$8,816,361.00 of their time and talents into Kansas Extension Programs!

In the Meadowlark District, we have 220 volunteers registered in the 4HOnline system. This obviously isn't everyone who has an impact on our 4-H program. Our fair board members, single time presenters, and donors are also volunteers, but are not required to enroll in 4HOnline.

## State 4-H Horticulture Judging Contest

The State 4-H Horticulture Judging Contest will be held on Saturday, **August 10**, in Manhattan, KS (tentative planned dates). The contest is hosted for the day by the Department of Horticulture and Natural Resources.

Intermediates must be 9 thru 13 before January 1 of the current year. Seniors must be 14 thru 18 before January 1 of the current year.

The objective of 4-H Horticulture Judging is for members to grow in their ability to think, to reason, and to make logical and scientific judgments, through plant identification, knowledge testing and judging classes.

Registration is due **August 1**. Anybody from the age of 9-18 is eligible to compete in this contest. The above link also contains study materials, prior contests, and forms that will be used in the contest.

For more information please visit <https://www.kansas4-h.org/events-activities/contests/horticulture-judging/index.html>, or contact Clay at 785-863-2212.

## Kansas 4-H/FFA Wheat Expo

The 2024 Kansas 4-H Wheat Exposition will be Monday, **August 12** at Pottorf Hall in Manhattan. It is designed to be a fun, educational, and hands-on event for all Kansas 4-H members, siblings, parents, and grandparents. It is a fun day that showcases all things wheat! You are not required to be registered for the crops/plant science projects to participate.

Tours will be available, and will be announced at a later date.

There will be eight contests open to youth members with cash prizes and ribbons awarded. Classes include:

- 1 pound bin run for crops members
- 1 pound bin run for "adopt a producer"
- 1 quart jar sample of clean wheat
- three standard yeast rolls
- three standard sized cookies
- three standard muffins
- wheat photography contest
- wheat educational poster
- Cloverbud class.

For more information and registration, please visit: <https://www.kansas4-h.org/events-activities/conferences-events/wheat/index.html>.

### Why 4-H ???

*(Noting the **IMPACT** of the 4-H Program in the lives of young people, in their own words.)*

*"Through my many years in 4-H, I have learned that the people I have met in 4-H are the best part."*



# Project Spotlight



## Home Environment Project

The Home Environment project allows young people to learn the principles of design as they explore different design elements for a variety of indoor rooms and outdoor spaces.

From choosing color schemes, accessories, décor, and more, Home Environment allows you to be the interior designer while you style a room or outdoor space by painting, choosing new floor covering, refurbishing furniture, updating accessories, and more!

As you start out in this project, you will learn and be able to define the language, design elements, and principles of the Home Environment. You will also begin to develop the spaces within your home by using new design techniques while setting and adhering to a budget.

As you progress through the project, you will begin to explore furniture styles, coordinate fabrics and patterns for your space, and learn proper care techniques for different furniture and flooring. Additionally, you will highlight features and utilize lighting to enhance your space.

The Home Environment Project can also tie into other projects and portions of your life! For example, think of the following as ways to become even more involved in the project!

### **Healthy Living**

- Learn about the process of decluttering to minimize stress in lives.
- Donate unused furnishings to local charities.
- Explore how colors and textures affect moods.

### **Science and Agriculture**

- Experiment with durability, stain-resistance, or color-fastness of a material for spaces.
- Study energy efficiency and its importance to the environment.
- Create a floor plan to scale.

### **Community Vitality**

- Coordinate a furnishing swap in your community to minimize costs on updating spaces.
- Assist with renewing community spaces, such as parks, to create an inviting and safe environment for community members.
- Organize or help with a recycling program in your community.

### **Communication and the Arts**

- Create a tutorial video on how to refinish a piece of furniture.
- Demonstrate how to select a color scheme using the color wheel.
- Teach others the proper disposal methods for refinishing materials, including paint.

## Kansas State Air Pistol, Air Rifle and BB Gun Match

The Meadowlark District was well represented on **April 20** at the Kansas State Air Pistol, Air Rifle and BB Gun Match. Several individual shooters brought home awards in all 3 disciplines. The Jackson/Nemaha Bullmasters BB gun team brought home the GOLD!!! The team consisted of Tylie Bienhoff, William Beauchamp, Evan Schaller, Kenadee Henry & Gage Schultz.

## Senior Spotlight

We will be sending out a special newsletter later in May titled “Senior Spotlight”. This newsletter will be dedicated to the 2024 Senior 4-Her’s of Jackson, Jefferson and Nemaha Counties. The kids will be providing some information on the following:

- What is their favorite project and why.
- Favorite 4-H event and why
- What is something that they learned in 4-H that they will use throughout their life?
- What their future plans are.

# Jackson County News

## Paper Clover at TSC!

Don't forget to visit Tractor Supply Company during the Paper Clover Campaign **April 24–May 4**.

## Swine ID Forms

Due to the office on **May 1**.

## Horse Project Information

Horse ID's will not be required this year. Horse practice will start in **May** and be every Wednesday starting at 6:00 PM at the NE KS Heritage Arena.

## Spring Weigh In

Spring Weigh-In for sheep and goats will be **May 9** from 6:00-7:00 PM at the NE KS Heritage Barn. Tags will be \$3.00 and must be paid for that night.

## Spring Livestock Show

The Jackson County Spring Livestock Show will be held on **May 25**. For more information please visit the Meadowlark Extension District 4-H Event page for entry forms or contact Jo Ann Nelson at 785-364-7479.

## 4-H Council Meeting

The next 4-H Council Meeting is **June 12** at 7:00 PM in the NE KS Heritage Building. We will be drawing for concession stand shifts at this meeting.

## Fairgrounds Clean-Up

The fair board will hold their pre-fair set-up on Saturday, **July 13** at 9:00 AM. It takes everyone's help to make the fairgrounds look nice and get ready for fair. So come when you can and lend a hand and make the fairgrounds look nice.

## Fair Packets

The fair packet will contain lots of important fair information. So don't just throw it to the side. Please open it right away. It will include instructions on how to pre-enter fair exhibits online.

## Changes at the Fair

Every 4-H family will receive a printed fairbook this year. They will be available for you to pick up from your club leader at your June 4-H meeting. A tentative schedule for the fair is also on our website. Please look over this as there are some changes.

## \*REMINDER\* 4-H Foods & Nutrition Rule for Frostings & Fillings

Please note that this was the \*NEW\* 4-H Foods & Nutrition Rule for the 2023 Kansas State Fair. The rule is still in effect for this year:

- For food safety purposes, any entries with frostings and fillings must calculate the amount of sugar in the frosting/filling recipe only. Calculation must be attached to entry, or the placing will be lowered one ribbon when judged. Frostings and fillings need to contain more than 65% sugar for safety. Examples on how to calculate this percentage are included in the publication located at: <https://bookstore.ksre.ksu.edu/pubs/MF3544.pdf>.

While the concept has been encouraged and taught in previous years, it has not been a required item or stated in the rules. It was added to the 2023 4-H Kansas State Fairbook, <https://www.kansas4-h.org/events-activities/fairs/kansas-state-fair/index.html>. Please continue to stress the importance of the safety of frostings and fillings at all fairs and clarify that this rule will be enforced at the 2024 Kansas State Fair in the 4-H Foods Division.

Questions may be directed towards Karen Blakeslee, [kblakesl@ksu.edu](mailto:kblakesl@ksu.edu) or Amy Sollock, [asollock@ksu.edu](mailto:asollock@ksu.edu).

## 4-H Event Scholarship

The Jackson County 4-H Council Event/Senior/Alumni Scholarships are available on our website under Jackson Page. Check it out to see what the guidelines are.

## Fair Trash Schedule

New Sunday evening slot has been added.

- Sunday Evening, **July 14** – Straight Arrows (this needs to be done around 8:00 PM)
- Monday, **July 15** – Ontario Busy Bees, North Jackson Jets
- Tuesday, **July 16** – Soldier Boosters, Delia Early Birds
- Wednesday, **July 17** – Mayetta Mustangs, Hoyt Livewires
- Thursday, **July 18** – Lucky Stars, Denison Builders, Pleasant Valley Rustlers
- Friday, **July 19** – All Clubs



# Jefferson County News

## Jefferson County 4-H Foundation Fundraisers

- **Annual Golf Tournament**—Join the fun on Saturday, **June 29**, at Village Greens Golf Course. Help promote and maybe even organize a team! Sponsoring a hole or cash donations help our 4-Hers!
- **Fair Pie Contest**—The Foundation will have a pie contest at the fair, so consider entering this fun class. Pies will be auctioned off on Wednesday, **July 31** prior to the bucket calf parade.

## Fair Books

We should have our fair books soon. Books will be handed out to Club Leaders for all families and those who signed up for one. We hope to have it posted on our website in the next few weeks.

## Horsemanship Clinic

The Jefferson County 4-H Horse Project Club invites you to a fun-filled day of learning! Saturday, **May 18** from 9:00AM-4:00 PM at the Jefferson County Fairgrounds in Valley Falls. This is open to ALL youth participants currently enrolled in 4-H and open to the public for auditing. The cost for 4-H youth is \$100.00 and must be paid at registration. Auditors will be charged \$15.00 the day of the clinic. Space is limited, so register today!

## Fair Concession Stand

We need your help! Join the fun and volunteer to help on the concession stand committee. They plan to meet at 6:00 PM on Monday, **May 20**, at the fair building prior to the 4-H Council meeting.

## 4-H Council Meeting

The next 4-H Council meeting will be held **May 20** at 7:00 PM. Agenda items will include: fairground improvements; donations to parade floats, premium fund & Foundation Golf Tournament; and fair committees. Please come prepared to discuss these items.

## Dog Project Practices

The dog project is having practices on Wednesday and Sunday evenings at 6:30 PM at the Conser's home. Remember that you need 6 practices in obedience, agility, and rally-o plus 3 in showmanship. The Graduation Show will be on **June 15** at the fairgrounds.

## Improving Fairgrounds

If your club is interested in working on a specific project (s) at the fairgrounds, please contact the office.

## 4-H County-Wide Blood Drive

A single blood donation can help save three lives! Our 4-H Leadership and Civic Engagement 4-Hers are organizing a pre-fair blood drive on **July 9** from 12:00-6:00 at the Delaware Township Hall in Valley Falls. Sign-up information is coming soon! If you would like to be involved with the planning of this event, please contact Heather.

## Fair Royalty Candidates

The Royalty Contest will be held at 7:00 PM on Friday, **July 12**, at the Valley Falls High School. Candidate names are due in office no later than **May 1**. Candidates will be mailed contest details and a questionnaire to complete and return. It is an honor to be selected as a candidate, and we encourage all clubs to participate in each division.

## Fair Participants: Deadlines for Required Forms

### May 1:

- Horse ID forms due in office.  
(On the website under the Forms tab and select Livestock/ Animals to access the form.)
- Swine tags in and ID form due in office
- Last day to add/drop a project- Must be in project to enter exhibits at the fair.
- Check your 4HOnline account! Make sure you are in each part of a project you intend to be (breeding and/or market animals or various fiber arts areas for example). Project records should be filled out and turned into club leaders in September for each project area you are enrolled in.

### June 1: Due in local office

- Bucket Calf

### Due to Club Leaders BEFORE July 1

- **Fair Participants Code of Conduct** This form is required yearly for ALL fair participants and a parent, in any project area, to read and sign.
- **Meadowlark District Code of Show Ring Ethics**, which all livestock exhibitors and a parent are required to sign, are completed once during your 4-H career. These forms are available on the website or in the office. Call if you are not sure you have on file.
- **Premium Sale Requirements**, form located at <https://www.meadowlark.k-state.edu/4-h/forms.html>.

### July 1: Due in local office

- JF County Horse Show fair class entries
- Fair Pre-Entries due for ALL project areas via Fair Entry System. If you would like help with Fair Entry, contact the office at 785-863-2212.

# Nemaha County News

## April was National Volunteer Week

Thanks to all of our volunteers!



## Jams and Jellies Workshop

There will be a Jams and Jellies Workshop on **June 20** from 1:00-4:00 PM at the Extension office. Registration is \$10. Any youth attending **MUST** have an adult present to help. (Helper adult doesn't pay registration fee.) Please RSVP at 785-336-2184 before **June 13**.

## Premium Sale Requirements

If you intend to take an animal through the premium auction, every year you must complete the Premium Sale Requirement form, which is found on our website at <https://www.meadowlark.k-state.edu/4-h/forms.html>. These forms are due in the Extension office by **July 1**. You are required to have this form signed by your club leader prior to handing it in to the Extension Office. So, make sure to double check this form now.

## Fair Books

We should have our fairbooks soon. Books will be handed out to Club Leaders for all new families and those who signed up for one. We hope to have it posted on our website in the next few weeks.

## Fair Packets

Watch your mail for a **BIG BROWN ENVELOPE** the first part of June. This will contain lots of important fair information. So don't just throw it to the side. Please open it right away! Important instructions on how to pre-enter fair exhibits online will be included.

## Livestock Exhibitors

Do you know what you will be doing with your animal after the fair? It is your responsibility to find a buyer/locker. We do know that some lockers are already getting appointments made. So don't put it off, call now!

## Changes at the Fair

- Barn Rules - Stall space in the beef/dairy barn is approximately 3-4 feet wide by 8 feet long. Each upright bar on the center row panels and anchor point on north/south wall tie rails, represents a tie point and center of a stall. Stall assignments will be marked with stall cards and exhibitors shall not use space assigned to other exhibitors, for any reason. Stall dividers may be used but cannot extend beyond the area assigned to an exhibitor/club. Superintendents and/or Fair Board, reserves the right to move, ask exhibitor to move or prohibit use of stall dividers and other equipment based upon space available.
- Animals going through the Livestock Auction can now be shown at KJLS or KSF.
- All Legos (including kits) will be shown in STEM Architectural Block Construction
- Buymanship has changed to Shopping in Style and so there are new rules and exhibit descriptions

## Fair Pre-Entry

1. All 4-H members will enter all pre-entries online using your 4honline account login.
2. It is very important to only enter exhibits that you will be bringing to the fair.
3. We will be printing entry cards according to what you enter online into <https://faireentry>.
4. Then you will pick up and attach cards before you get them judged at the fair.
5. All pre-entries will be due in FairEntry before July 1.
6. Premium Auction Requirement form is due by July 1
7. YQCA for all livestock exhibitors (expect Bucket Calf, Horse, Poultry and Rabbits) must be completed before July 1. This includes sending the office a copy of your certificate.

## 4-H Event Scholarship

The Nemaha County 4-H Council Event Scholarship is available on our website under Nemaha/Seneca. This application is for youth attending camps. Check it out to see what the guidelines are.

## Ambassador Day Camp

The Nemaha County Ambassadors will once again be hosting their annual Day Camp on **June 12**. This is open to all youth ages **6-9**. Those attending do not have to be 4-H members, so invite your friends or cousins. The event will be from **9:00-11:00 AM** in **Sabetha** at the City Hall and **1:30-3:30 PM** at the Community Building in **Seneca**. More information will be handed out to the schools this month.



**Meadowlark Extension District**

**Oskaloosa Office**  
P.O. Box 326  
100 E. Washington  
Oskaloosa, KS 66066-0326

**Address Service Requested**

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## Calendar of Events

**Apr. 24-May 4:** Paper Clover at TSC

**May 1:** Swine ID paperwork & pictures due to office  
Add/Drop project deadline  
New members to be enrolled deadline  
KSF/KJLS Market Beef nomination deadline  
Horse practice starts, JA  
Horse ID deadline  
Fair Royalty Candidate names due to office, JF

**May 4:** Sheep/Goat Weigh-In, NM  
Shutterbugs at Lee Richardson Zoo, Garden City

**May 9:** Sheep/Goat Weigh-In, JA

**May 18:** Horsemanship Clinic, JF

**May 20:** Fair Concession Stand committee meeting, VF  
4-H Council meeting, JF

**May 24:** Geology State Field Trip, registration due  
Champions Livestock Judging Camp, registration due

**May 25:** Jackson County Spring Livestock Show

**June 3-5:** Champions Livestock Judging Camp 1, Manhattan

**June 5:** Market Swine, Commercial Gilts, Market Lambs,  
Commercial Ewes, Breeding & Market Goats DNA  
envelope purchase deadline

**June 5-7:** Discovery Days

**June 5-8:** K-State Animal Science Leadership Academy

**June 10-12:** Champions Livestock Judging Camp 2, Manhattan

**June 12:** Ambassador Day Camp, NM  
4-H Council meeting, JA

**June 13:** Jams and Jellies Workshop, registration due

**June 14-16:** Geology State Field Trip, WaKeeney

**June 15:** Dog Graduation Show, VF

**June 15:** KSF/KJLS Swine, Lambs & Goats nomination deadline

**June 17-20:** Flint Hills Farm to Fashion Camp, Manhattan

**June 20:** Jams and Jellies Workshop, Seneca

**June 21-22:** Insect Spectacular, Hays

**June 24:** 4-H/FFA online entries due, JA

**June 29:** Annual Gold Tournament, JF

**July 1:** Livestock Premium Auction Requirements form due

**July 9:** 4-H County-Wide Blood Drive, VF

**July 12:** Fair Royalty Contest, JF

**July 13:** Fairgrounds Clean-Up, JA

**July 15-18:** Jackson County Fair

**July 15-19 or July 22-26:** Washburn STEM Camp, Topeka

**July 26-29:** Nemaha County Fair

**July 29-Aug. 1:** Jefferson County Fair

**July 30:** Veterinary Medicine ROCKS Camp

**Aug. 1:** State 4-H Horticulture Judging Contest, registration due

**Aug. 10:** State 4-H Horticulture Judging Contest, Manhattan

**Aug. 12:** Kansas 4-H/FFA Wheat Expo, Manhattan

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